



# Supported Living Services





## About Us

We are Day and Night Solutions, and our mission is to provide 24-hour support and care. We are more than a supported living provider; we are a second family when your family is unable to be present.

We provide exceptional support for you, your loved one, and your entire family, from our first free assessment through compassionate, caring supported living services.

We collaborate with you to develop a personalised support plan that meets the needs of your family, taking the time to understand your specific circumstances through a step-by-step process to provide the greatest quality of life for your loved one and peace of mind for you. To guarantee the best possible care, a trained and experienced staff member is involved in this process.



Day & Night Solutions provides tailored support for each individual's needs to help them reach their own personal goals and independence. Our clients fall into the following categories:

- Male and female
- Aged 18+
- With one or a number of the following conditions:
  - Mental health needs
  - Complex need
  - Alcohol and drug misuse
  - Learning disability
  - Autism spectrum disorder

Day & Night Solutions supported living services enable individuals within our care to live in their own home or shared apartment. Our care and support ensure that, despite any condition that might be considered life-limiting, one is able to live a full and meaningful life in the community.





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# Our personalised care and support

Our support workers use a personalised approach to the care and support delivered. We understand that each person is different and unique; therefore, each support plan should be drafted accordingly. The type of support required by one person can differ from another due to different conditions, personal goals, and the level of independence required.

We assist with the following:

## **FINANCE**

Money management, budgeting, paying bills, banking

## **ACCOMODATION**

support with selecting and moving into a home

## **EDUCATION**

College and university

## **EMPLOYMENT**

Voluntary or paid work

## **ACTIVITIES OF DAILY LIFE**

Grocery shopping, cooking, personal care, and housework

## **TRANSPORTATION**

Arranging or providing transportation

## **SOCIAL ARRANGEMENTS**

Coordinating and supporting community involvement and having positive relationships with others

## **MANAGING CONDITIONS**

RN oversight

### **Step 1**

Call or contact us with your referral, and we'll gather all of the information we need to begin the supported living referral process.

### **Step 2**

We will arrange a one-on-one evaluation to spend time with the individual and their family to understand their present circumstances, support requirements, and short-, medium-, and long-term goals.

### **Step 3**

Once we've developed our support suggestion, we'll arrange for the client and their family to see our available supported living accommodations or residential homes, allowing them the opportunity to meet our team and ask questions.

### **Step 4**

We'll create a financing request outlining the support hours needed and submit it for approval, keeping you updated on the development.

### **Step 5**

Once the money is granted, we will set a move-in date and begin the transition process. We'll be on hand to provide support and direction throughout the process to ensure everything runs smoothly.

# **OUR REFERRAL PROCESS**





# GET IN TOUCH



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